



April 2010

Spring Break Fun!

Spring Break is a much needed vacation from school for children, parents, and teachers alike. Given the state of the economy, many families are looking for fun activities that are close to home and less expensive than big vacations. Here are a few ideas to get you started!

1. Have a Family Video Night

Rent a movie, order in a pizza, and make popcorn.

2. Spend the Afternoon Going Through Old Photo Albums or Watching Home Movies

You'll relive fond memories and have a good laugh at the sight of now-outdated hairstyles and assorted fashion faux pas.

3. Plan a Menu and Cook Dinner Together

Plan the menu in the morning, shop for the groceries in the afternoon, and cook together to prepare a meal everyone can be proud of and enjoy.

4. Buy a Special Dessert and Turn Dinner into a Special Occasion

If cooking isn't your cup of tea, have a party for no reason with a fun dessert. You could even get your children to make some decorations.

5. Play Board Games

Spend the afternoon having a board game tournament.

6. Go Bowling

Golf and miniature golf are two other examples of individual sports that you can do together.

7. Take a Car Ride

Where? Anywhere. Take the slow, scenic route and stop off at whatever looks interesting.

8. Visit a Local Attraction

The local zoo, national park, aquarium, etc. can make a great day trip.

9. Visit a Museum

Many museums have programs for kids of all ages. Talk about special exhibits before you go, and then have a discussion about it on the way home.

10. Go to the Farmer's Market

Have each person find a fun fruit or vegetable to buy. Go home and sample each of them.